



Waste-Free Lunch CHALLENGE

November 16, 2012

Dear Parent/Guardian:

In an effort to engage students in small environmental initiatives that can have a big impact, Tuscany Heights Elementary School is participating in a **Waste-Free Lunch Challenge (WFLC)** on November 16, 2012!

The WFLC is an initiative sponsored by PTA – Environmental Education and our Eco Club Participants. School lunches are a major source of waste in San Antonio – the average student’s lunch from home generates a total of 60 pounds of waste per school year!

Please help your child pack a waste-free lunch for our event. The goal of the day is to:

- ✓ Learn about Waste Reduction and reduce the amount of waste we create from school lunches
- ✓ Encourage healthy and nutritious lunches (many pre-packaged lunch items contain significant amounts of sodium, preservatives and fat)
- ✓ Create awareness around recycling and encourage and promote recycling of containers such as juice boxes, milk cartons, bottles and cans at schools

The class with the least amount of trash will be rewarded with extra recess time and all participants will receive a spirit stick for helping to “Be the Change”!

Please see the back of this note for more tips on creating waste-free lunches. We look forward to your support and hope you will consider packing waste-free lunches on a regular basis following our Waste-Free Lunch Challenge Day.

Sincerely,

Eco Club Sponsors

Julie Teplitz/Dana Dannenberg *THE –PTA Environmental Education Chairs*





Waste-Free Lunch

CHALLENGE

Fridge Packing Reminder

Yes please	Please avoid
REUSABLE lunch container	AVOID paper or plastic bags
REUSABLE containers (Tupperware, plastic)	AVOID plastic wrap, wax, or styrofoam
REUSABLE drink bottle or thermos	AVOID single-use containers
CLOTH NAPKIN to wash and re-use	AVOID paper napkins
CUTLERY/SILVERWARE to wash and re-use	AVOID plastic forks/spoons that are thrown away
HEALTHY snacks!	AVOID over-packaged snacks