



**FAMILY WELLNESS
NIGHT & PTA MEETING
TUESDAY, OCTOBER 7TH
6:00—7:30 PM**

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6:00 pm PTA Meeting/Presentation on Bullying

6:30—7:30 pm Wear your work out gear so you and your entire family can participate in various fitness classes. 15 minute rotations with:

- **The Jumping Dragons**
- **Papillion Pilates**
- **Pillar Crossfit**
- **Victory Martial Arts**



North Central Baptist Hospital & HEB/Oaks Crossing Restaurant will also be on site to support your healthy lifestyle!

**TIGERS, WORK YOUR BODY
& GET A BRAIN BREAK!**

- **All participating students receive a Homework Pass!**
- **The class in each grade that has the most family participants will earn 10 minutes extra recess!**
- **The grade with the most participants & spirit will win the Spirit Stick!**

