

**4th Annual
RUN FOR THE HEIGHTS**
Tuscany Heights Elementary



**5K Run/Walk
Kids' Fun Run & Health Fair**
February 22, 2014

EVENT SCHEDULE

**Saturday, February 22, 2014
Tuscany Heights Elementary
25001 Wilderness Oak, San Antonio 78260**

8:00 am Opening Ceremony
8:05 am Kids' Fun Run
8:30 am 5K Run/Walk (Chip Timed)
9:45 am Awards Ceremony
8:30-10:30 am Health Fair, Sponsor Expo & Fitness Demonstrations

Registration Information

Register now at runfortheheights.tuscanyheightspta.org through midnight on 2/20/14. Prices increase after 2/1/14. Race T-shirt and Goodie Bag only guaranteed for registrations received by 2/1/14. Mail in registrations must be postmarked by 2/17/14 to Tuscany Heights PTA, 25001 Wilderness Oak, San Antonio, TX 78260.

Race day registrations 7:00 – 7:45 a.m.

Packet Pick-Up

Awards

Wednesday, February 19 – Thursday, February 20, 2014

10:00 a.m. – 7:00 p.m.

iRun

20079 Stone Oak Parkway
(210)494-RUNZ

Friday, February 21, 2014

8:00 a.m. – 4:00 p.m.

Tuscany Heights Elementary School

25001 Wilderness Oak
(210)407-8200

5K - Top 3 overall M/F receive medals, iRun, and Dick's Sporting Goods Certificates, and 3 Month Family Memberships at the Mays YMCA. Dick's Sporting Goods Certificates also awarded to the top M/F finishers in each age category. Medals will also be awarded to the top 3 M/F the following age categories: 10 & under, 11-15; 16-19; 20-24; 25-29; 30-34; 35-39; 40-44; 45-49; 50-54; 55-59; 60-64; 65-69; & 70+.

The top boy & girl in each grade K-5 will receive a certificate for one Mays YMCA Youth Sports Registration.

Kids'Fun Run – Participant award for all.

Thank you to our PLATINUM & GOLD Sponsors!



Lisa Sinn

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www.LISASINN.com



Dr. Patricia Gomez Dinger

Advanced Allergy, Asthma,
& Immunology Center

(210) 499-4824(ITCH)



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ACHIEVEMENT CENTERS

The Scott House Group
at Morgan Stanley



Up to 3 family members may sign up on one form.

Participant 1 _____ Male <input type="checkbox"/> Female <input type="checkbox"/> Age on 2/22/14 _____ Address _____ City/State _____ Zip _____ E-mail _____ @ _____ <input type="checkbox"/> 5K \$20 (\$25 after 2/1/14; \$30 race day) <input type="checkbox"/> Kids' Fun Run \$15 T-Shirt Size (Guaranteed if registration received by 2/1/14) <input type="checkbox"/> Youth S <input type="checkbox"/> Youth M <input type="checkbox"/> Youth L <input type="checkbox"/> Adult S <input type="checkbox"/> Adult M <input type="checkbox"/> Adult L <input type="checkbox"/> Adult XL <input type="checkbox"/> Adult XXL Check all that apply: <input type="checkbox"/> THE Student <input type="checkbox"/> Bush MS Student <input type="checkbox"/> Johnson HS Student <input type="checkbox"/> Reagan HS Student <input type="checkbox"/> THE Staff <input type="checkbox"/> N/A Elementary Grade <input type="checkbox"/> K <input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5 <input type="checkbox"/> N/A How did you hear about us? (mark all that apply): <input type="checkbox"/> THE Student: Name _____ <input type="checkbox"/> Run for the Heights Website <input type="checkbox"/> NEISD/School <input type="checkbox"/> Other Website <input type="checkbox"/> Facebook/Twitter <input type="checkbox"/> Running Store <input type="checkbox"/> Poster/Flyer <input type="checkbox"/> Newspaper <input type="checkbox"/> Radio <input type="checkbox"/> Other	\$
Participant 2 _____ Male <input type="checkbox"/> Female <input type="checkbox"/> Age on 2/22/14 _____ <input type="checkbox"/> 5K \$20 (\$25 after 2/1/14; \$30 race day) <input type="checkbox"/> Kids' Fun Run \$15 T-Shirt Size (Guaranteed if registration received by 2/1/14) <input type="checkbox"/> Youth S <input type="checkbox"/> Youth M <input type="checkbox"/> Youth L <input type="checkbox"/> Adult S <input type="checkbox"/> Adult M <input type="checkbox"/> Adult L <input type="checkbox"/> Adult XL <input type="checkbox"/> Adult XXL Check all that apply: <input type="checkbox"/> THE Student <input type="checkbox"/> Bush MS Student <input type="checkbox"/> Johnson HS Student <input type="checkbox"/> Reagan HS Student <input type="checkbox"/> THE Staff <input type="checkbox"/> N/A Elementary Grade <input type="checkbox"/> K <input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5 <input type="checkbox"/> N/A	\$
Participant 3 _____ Male <input type="checkbox"/> Female <input type="checkbox"/> Age on 2/22/14 _____ <input type="checkbox"/> 5K \$20 (\$25 after 2/1/14; \$30 race day) <input type="checkbox"/> Kids' Fun Run \$15 T-Shirt Size (Guaranteed if registration received by 2/1/14) <input type="checkbox"/> Youth S <input type="checkbox"/> Youth M <input type="checkbox"/> Youth L <input type="checkbox"/> Adult S <input type="checkbox"/> Adult M <input type="checkbox"/> Adult L <input type="checkbox"/> Adult XL <input type="checkbox"/> Adult XXL Check all that apply: <input type="checkbox"/> THE Student <input type="checkbox"/> Bush MS Student <input type="checkbox"/> Johnson HS Student <input type="checkbox"/> Reagan HS Student <input type="checkbox"/> THE Staff <input type="checkbox"/> N/A Elementary Grade <input type="checkbox"/> K <input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5 <input type="checkbox"/> N/A	\$
Please make checks payable to: <i>Tuscany Heights Elementary PTA</i>	TOTAL \$

WAIVER STATEMENT: **(MUST BE SIGNED BY ALL PARTICIPANTS:)** I know that running/walking a road race is a potentially hazardous activity. I should not enter and run/walk unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the race. I assume all risks associated with participating in this event including, but not limited to: falls, contact with other participants, the effects of the weather, traffic and the conditions of the road, all such risk being known and appreciated by me. HAVING READ THIS WAIVER and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the organizers, all sponsors and vendors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. Race will take place rain or shine. In the event of Lightning, race will be delayed. If conditions persist race will be cancelled. This event has a no refund policy. I grant permission to all of the organizers sponsors of this event to use any photographs, motion pictures, recordings, or any other record of this event for any legitimate purpose.

All participants must sign waiver. Parents must sign if participant is under 18 years of age.

Participant 1 Signature _____ Date _____

Participant 2 Signature _____ Date _____

Participant 3 Signature _____ Date _____